

# INTERNATIONAL ACADEMY OF HAIR DESIGN OLYMPUS BEAUTY ACADEMY - ARIZONA

## COURSE OUTLINE: Cosmetology

SOC: 39-5010 / CIP: 12.0401

**DESCRIPTION:** The primary purpose of the Cosmetology Course is to train the student in the basic manipulative skills, safety judgments, proper work habits, and desirable attitudes necessary to pass the State Board examination and for competency in job entry level positions in Cosmetology or related career field.

**OBJECTIVES:** Upon completion of the course requirements, the determined graduate will be able to:

1. Project a positive attitude and a sense of personal integrity and self-confidence.
2. Practice proper grooming and effective communications skills and visual poise.
3. Understand employer employee relationships and respect the need to deliver worthy service for value received.
4. Perform the basic manipulative skills including hair styling, shaping, bleaching, tinting, chemical reformation, scalp/hair conditioning, facials, manicures, pedicures and nail extensions.
5. Perform the basic analytical skills to determine proper makeup, hairstyle, and color application for the client's best overall look.
6. Apply the theory, technical information and related matter to assure sound judgments, decisions, and procedures.

To ensure continued career success, the graduate will continue to learn new and current information related to techniques, trends, fashions, and methods for career development in cosmetology and related fields.

**FORMAT:** The clock hour education is provided through a sequential set of learning steps which address specific tasks necessary for state board preparation, graduation and job entry level skills. Clinic equipment, implements, and products are comparable to those used in the industry. Each student will receive instruction that relates to the performance of useful, creative, and productive career oriented activities. The course is presented through well-developed lesson plans, which reflect current educational methods. Subjects are presented by means of lecture, demonstration, and student participation. Students will demonstrate their knowledge of cosmetology theory and application ability through their completion of required practical and clinical activities. Audio-visual aids, guest speakers and other related learning methods are used in the course.

**REFERENCES:** Students follow Milady's Revised Standard Textbook of Cosmetology and Standard System of Salon Skills. A comprehensive library of references, periodicals, books, texts, standard dictionary, dictionary of medical terms, standard textbooks, anatomy charts and audio/video tapes are available to support the course of study and supplement the students' training. Students should avail themselves of the opportunity to use these extensive materials.

**GRADING PROCEDURES:** Students are assigned theory study and a minimum number of practical experiences. Theory is evaluated after each unit of study. Practical assignments are evaluated as completed and counted toward course completion ONLY when rated as satisfactory or better. Practical skills are evaluated according to text procedures, performance standards established by the state licensing agency, and set forth in the Practical Skills Evaluation Criteria. Students must maintain a theory grade average of 75% and complete of all written and practical requirements including the final written and practical examination with passing score prior to graduation. Students must make up failed or missed tests and incomplete assignments. Numerical grades are considered according to the following scale:

91 – 100 Excellent	75 – 80 Satisfactory
81 – 90 Above Average	below 75 Unsatisfactory

**1600 HRS | SUBJECT/ UNIT**

Cosmetology Curriculum

- 200 Theory of Cosmetology & Arizona Law: Provides the student with a working knowledge of the laws of Arizona pertaining to cosmetology and the scientific study of the art of personal beautification. Includes sanitation, chemistry, anatomy, physiology and hygiene.
  - 35 Monitor Duties: Salesmanship, ethics and salon management.
  - 230 Chemical Hair Restructuring: Including permanent waving and chemical hair relaxing, specifically thioglycolate and sodium hydroxide.
  - 230 Hair Coloring & Bleaching: Methods used in the art of tinting and bleaching hair.
  - 230 Haircutting: The art of cutting and shaping various types of hair using different types of tools.
  - 230 Hair Styling: The art and techniques of developing particular hair styles to individuals including pressing, thermal curling, and waving.
  - 100 Facials & Makeup: The art of skin care and treatment including massage and physical and chemical depilatories.
  - 100 Massage: The art of massage as an aid to skin care, nail care, and scalp treatments.
  - 75 Nail Technology: The art of the care of the feet and hands to include manicuring, pedicuring, sculpture nails, extensions, wraps, overlays, and related services.
  - 50 Shampooing: A study of the techniques and methods used in shampooing and the removal of chemical products, including conditioning, re-conditioning, and rinse applications.
  - 20 Treatment of the Hair & Scalp: Recognition of hair and scalp disease, and those conditions which require medical treatments as well as those that can be treated by the cosmetologist. Methods of treatments and scientific brushing.
  - 10 Electricity & Light Therapy: Use of electricity and lights as they pertain to cosmetology.
  - 40 Creative Preference
  - 50 Disinfection Procedures
- Miscellaneous: Lectures given by instructors and demonstrators on the uses of new products and tools will be given from time to time as needed.

### 1600 TOTAL HOURS

The above hour requirement must be met by each student in each category in order for the earned hours to be accepted by the state licensing board for examination. The portion of creative preference hours is to be applied as needed in curriculum related areas or if a student desires to specialize in a specific area.