

# HAIR BENDERS ACADEMY

## COURSE OUTLINE: MANICURE



SOC: 39-5092 / CIP: 12.0410

**DESCRIPTION:** The primary purpose of the Nail Technology Course is to train the student in the basic manipulative skills, safety judgments, proper work habits, and desirable attitudes necessary to pass the State Board examination and for competency in job entry level positions as a Nail Technician or related career avenue. Students will also be prepared to enter the Nail Spa and related career market with skills in spa and luxury services.

**OBJECTIVES:** Upon completion of the course requirements, the determined graduate will be able to:

1. Project a positive attitude and a sense of personal integrity and self-confidence.
2. Practice proper grooming and effective communications skills and visual poise.
3. Understand employer employee relationships and respect the need to deliver worthy service for value received.
4. Perform the basic manipulative skills required for manicuring, pedicuring, and various methods of nail extensions.
5. Apply the theory, technical information and related matter to assure sound judgments, decisions, and procedures.

To ensure continued career success, the graduate will continue to learn new and current information related to techniques, trends, fashions, and methods for career development as a Nail Technician, Manicurist or related position.

**FORMAT:** The clock hour education is provided through a sequential set of learning steps which address specific tasks necessary for state board preparation, graduation and job entry level skills. Clinic equipment, implements, and products are comparable to those used in the industry. Each student will receive instruction that relates to the performance of useful, creative, and productive career oriented activities. The course is presented through well-developed lesson plans, which reflect current educational methods. Subjects are presented by means of lecture, demonstration, and student participation. Audio-visual aids, guest speakers, field trips and other related learning methods are used in the course.

**REFERENCES:** Students follow Milady's Art and Science of Nail Technology. A comprehensive library of references, periodicals, books, texts, and audio/video tapes are available to support the course of study and supplement the students' training. Students should avail themselves of the opportunity to use these extensive materials.

**GRADING PROCEDURES:** Students are assigned theory study and a minimum number of practical experiences. Theory is evaluated after each unit of study. Practical assignments are evaluated as completed and counted toward course completion ONLY when rated as satisfactory or better. Practical skills are evaluated according to text procedures, performance standards established by the state licensing agency, and set forth in the Practical Skills Evaluation Criteria. Students must maintain a theory grade average of 75% and complete of all written and practical requirements including the final written and practical examination with passing score prior to graduation. Students must make up failed or missed tests and incomplete assignments. Numerical grades are considered according to the following scale:

91 – 100 Excellent	75 – 80 Satisfactory
81 – 90 Above Average	below 75 Unsatisfactory

### 600 HOURS | SUBJECT/ UNIT

Manicure Curriculum		
SUBJECT	HOURS	SERVICES

#### NAIL THEORY, PRACTICE & RELATED

NT101	85	0
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The following subjects include related Theory, Anatomy, Physiology, Preparation, Skill Procedures, Practices, Products, Tools, Materials, Equipment, and Implements Use and Safety, Nail Analysis, Client Consultation, Record- keeping and Safety.

#### FLORIDA STATE LAW

STL101	5	0
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Study of all applicable State of Florida, Department of Professional Regulations laws and rules pertaining to Florida, as well as license reciprocity.

#### SANITATION & STERILIZATION

STN101	4	0
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The study of infection control and the proper use of sterilization as it pertains to the field of Nail Technology and related areas.

#### HIV/AIDS

HIV101	4	0
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The Study of HIV/AIDS, the concerns and precautions of the spread of HIV and AIDS.

#### ETHICS

ETH101	2	0
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Study and review of fundamentals of Business Management including Professional Ethics.

#### MANICURE

MN101	20	20
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Equipment and Implement Uses. Cosmetics, Materials, Nail Shapes, Related Anatomy, Procedures, Release Statements and Safety Precautions.

#### PEDICURING

PD101	10	10
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Equipment and Implement Uses. Cosmetics, Materials, Pedicures, Related Anatomy, Procedures, Release Statements and Safety Precautions.

#### TIPS W/OVERLAYS

TPO101	37.5	15
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Equipment and Implement Uses. Cosmetics, Materials, Nail Shapes, Procedures. Nail Extensions, Release Statements and Safety Precautions.

#### SCULPTING USING A FORM

SCF101	37.5	15
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Equipment and Implement Uses. Cosmetics, Materials, Nail Shapes, Procedures, Nail Extensions, Release Statements and Safety Precautions.

#### NAIL WRAPS AND/OR MENDING

NW101	15	10
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Equipment and Implement Uses. Cosmetics, Materials, Nail Shapes, Procedures, Repair Techniques. Release Statements and Safety Precautions.

#### NAIL FILL-INS

NF101	5	5
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Equipment and Implement Uses. Cosmetics, Materials, Nail Shapes, Procedures, Repair Techniques. Nail Extensions, Release Statements and Safety Precautions.

#### POLISHING AND NAIL ART

PNA101	5	10
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Cosmetics, Materials, Techniques, Tools & Equipment, Release Statements and Safety

#### MISCELLANEOUS - NAIL EDUCATION

NMISC	370	180
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To be assigned by the Instructor to strengthen student performance. May include supervised field trips and related training.

### 600 TOTAL HOURS

The above hour requirement must be met by each student in each category in order for the earned hours to be accepted by the state licensing board for examination. The portion of creative preference hours is to be applied as needed in curriculum related areas or if a student desires to specialize in a specific area.